

Polish Delight

Cook Time 30 minutes

Servings 6



Ingredients

- 1 package kielbasa sausage (nitrate-free and nitrite-free)
- 2 lbs. small purple potatoes
- 1 small white onion
- 1 small container of pre-sliced mushrooms
- 2 cups mini sweet peppers
- 1 ½ cups baby carrots
- Olive oil
- Garlic powder
- Vinegar
- Salt & pepper

Instructions

1. Preheat oven to 350°F.
2. Rough cut the kielbasa sausage, dice the onions, chop the potatoes, carrots, and sweet peppers.
3. Move everything (including mushrooms) to a pre-greased sheet pan and mix thoroughly.
4. Add generous amount of olive oil, garlic powder and a splash of vinegar for brightness.
5. Add salt and pepper to taste.
6. Bake at 350°F for 30 minutes.

Gluten-Free / Paleo



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